

Medicines with available dossier, registered in Europe

PRODUCT NAME	ACTIVE PHARMACEUTICAL INGREDIENT	REGULATORY STATUS	THERAPEUTIC CLASS	DOSAGE FORM	POSOLGY	STRENGTH
PELARGONIUM SYRUP (sugar&alcohol free)	<i>Pelargonii radices extractum siccum</i> (Pelargonium root dry extract)	Herbal medicines - THMP/according to the EMA monograph	Symptomatic treatment of common cold	Syrup 100 mL	6 +	20 mg/2,5 mL
PLANTAGO LANCEOLATA SYRUP (sugar&alcohol free)	<i>Plantaginis lanceolatae folii extractum fluidum</i> (Ribwort plantain leaves liquid extract)	Herbal medicines - THMP/according to the EMA monograph	Symptomatic treatment of oral or pharyngeal irritations and associated dry cough	Syrup 100 mL 200 mL	3 +	150 mg/5 mL
PLANTAGO LANCEOLATA SYRUP	<i>Plantaginis lanceolatae folii extractum fluidum</i> (Ribwort plantain leaves liquid extract)	Herbal medicines - THMP/according to the EMA monograph	Symptomatic treatment of oral or pharyngeal irritations and associated dry cough	Syrup 120 mL 200 mL	3 +	506 mg/5 mL
IVY SYRUP (sugar&alcohol free)	<i>Hederae helicis folium extractum siccum</i> (Ivy leaf dry extract)	Herbal medicines - WEU/according to the EMA monograph	Expectorant in case of productive cough	Syrup 100 mL	2 +	33 mg/4 mL
ALOES ARBORESCENTIS AND VITAMIN C SYRUP (alcohol free)	<i>Aloes arborescentis recentis extractum fluidum + Acidum ascorbicum</i> (Aloes arborescens fresh leaf aqueous extract + Vitamin C)	Herbal medicines - THMP/based on the 30 years national registration in Poland	Supportive treatment of upper respiratory tract infections and colds	Syrup 100 mL 200 mL	3 +	1920 mg + 51 mg/5 mL







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Food supplements

CATEGORY	INGREDIENTS	HEALTH CLAIMS	DOSAGE FORM	POSODOLOGY
Immunity/Cold	VBF® (virus blocking factor) - unique active ingredient: pelargonium root (<i>Pelargonii radix</i>), elderberry fruit juice (<i>Sambuci fructus</i>), beta-glucans 1,3/1,6 D from <i>Saccharomyces cerevisiae</i> , vitamin C, zinc; lime flower (<i>Tiliae inflorescentia</i>) and raspberry fruit juice (<i>Rubi idei fructus</i>)	Supports the respiratory and immune system VBF® – published data	Oral/liquid syrup	3 +
Immunity/Cold	VBF® (virus blocking factor) - unique active ingredient: pelargonium root (<i>Pelargonii radix</i>), elderberry fruit juice (<i>Sambuci fructus</i>), beta-glucans 1,3/1,6 D from <i>Saccharomyces cerevisiae</i> , vitamin C, zinc; lime flower (<i>Tiliae inflorescentia</i>), marshmallow root extract (<i>Althaeae radix</i>) and raspberry fruit juice (<i>Rubi idei frutus</i>)	Supports the respiratory and immune system VBF® – published data	Oral/liquid syrup	6 +
Immunity/Cold	Iceland moss (<i>Cetraria islandica</i>), beta-glucans 1,3/1,6 D from <i>Saccharomyces cerevisiae</i> , rosehips (<i>Rosae fructus</i>) and garlic (<i>Allii sativi bulbis</i>), Raspberry fruit juice	Supports the respiratory and immune systems, relief in the case of irritated throat and larynx, especially for children, pregnant woman and breast feeding mums	Oral/liquid syrup	3 +
Dry Cough and sleep disorders connecting with dry cough	Ribwort plantain (<i>Plantaginis lanceolatae folium</i>), Melissa leaf (<i>Melissae officinalis folium</i>), marshmallow root (<i>Althaeae radix</i>), niacin, riboflavin and raspberry fruit concentrate	Positively affects the condition of mucous membranes throat and larynx irritated eg with a dry cough. Supports the process of falling asleep and maintains a calm and physiological sleep especially for children and adults suffering on dry cough	Oral/liquid syrup	3 +
Cold/Blocked nose	Elder fruit (<i>Sambuci fructus</i>), elder flower (<i>Sambuci flos</i>), thyme (<i>Thymi herba</i>), vervain (<i>Verbenae herba</i>), mullein flower (<i>Verbasci flos</i>), raspberry fruit juice, vitamin C, zinc	Supports the evacuation of mucus from respiratory tract, especially by sinusitis. Supports the immune system	Oral/liquid syrup	3 +

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Hygiene and cosmetic products

CATEGORY	COMPOSITION	HEALTH CLAIMS	DOSAGE FORM	POSOLOGY	PACKING
Oral hygiene with antibacterial properties	Salvia officinalis Extract, Mentha piperita Oil, Riboflavin, Niacinamide, Menthol, Eucalyptol, Xylitol, Chlorhexidine, Laureth-9 (polidocanol), Glycerine	Used for hygienic purposes. Tendency to irritation, micro-damage from dental prostheses or orthodontic appliances and other dental procedures, especially as an antibacterial agent	Oral/liquid spray 	6 +	
Oral hygiene with antibacterial properties	Mentha Piperita Oil, Panthenol, Riboflavin, Niacinamide, Menthol, Eucalyptol, Octenidine HCl, Xylitol, Laureth-9 (polidocanol), Glycerine	Used for the care and protection of the oral mucosa and gums: aphthae, painful teething, itching and burning of the gums, especially newborns and small children	Oral/liquid spray 	0 +	
Daily mouthwash	Mint Oil, Thyme Oil, Eucalyptus Oil, Sage Oil, Menthol, Thymol, Eucalyptol, Sodium Fluoride, Xylitol, Glycerine, No sugar, No alcohol	Daily mouthwash with a multidirectional and comprehensive action: antibacterial properties, strengthens tooth enamel, provides effective protection against caries, inhibits plaque deposition, reduces hypersensitivity of dental necks	Oral/liquid 	6 +	

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