



1st December Novadiet Training













NATURAL ANTACID



AGAINST ACIDITY AND HEARTBURN

Nodacil gel is a combination of:

- ✓ magnesium and calcium salts
- ✓ alginates (sodium alginate) and
- ✓ soluble fibres (pectin and xanthan gum)

all of which help to neutralise stomach acid.



NODACIL GEL







How does NODACIL GEL work?

INGREDIENT	ACTION	
*Salts: - Magnesium: Magnesium carbonate and magnesium trisilicate - Calcium: Calcium carbonate	 Neutralise hydrochloric acid Inactivate pepsin Reduce acid overload = Antacid effect 	
*Alginate: Sodium alginate *Soluble fibres: - Pectins - Xanthan gum	 Absorb part of the hydrochloric acid Coat the gastric wall Delay gastric emptying *Protective effect on the gastric mucosa *Increase the action time of acid-neutralising salts 	





NODACIL GEL



*Prevent the acid rebound effect





THE HIGHLIGHTS OF NODACIL GEL



PRESENTATION IN GEL FORM







Directions:

Take one sachet within 30-60 mins after main meals.



NODACIL GEL







THE HIGHLIGHTS OF NODACIL GEL



NODACIL gel contains no aluminium salts!

Several studies conducted in recent years have shown that aluminium can cause side effects in plants, aquatic animals and humans.



Neutralises excess acid in the stomach, promoting physiological digestion and preventing heartburn and.....

Prevents the acid rebound effect

NODACIL GEL







Colestia



WHEN IT COMES TO
CHOLESTEROL,
THINK WITH YOUR HEART



Provides 10 mg of monacolin K and is taken at night



Citrinin-free red yeast

COLESTIA





¿WHY IS COLESTIA SO BENEFICIAL?



One capsule a day at night with dinner or at bedtime. Why?

- 1.- Because just one capsule provides the 10 mg of monacolin K that is necessary to reduce cholesterol.
- 2.- Because it is at night that most cholesterol synthesis occurs in the liver.



Synergistic action of the ingredients

- · Red yeast rice
 - Policosanol
- Dry artichoke extract



Coenzyme Q 10

- Reduce cholesterol and triglycerides
- **1.** Protects against oxidation >> Protects against atheromatous plaque formation
- **2.** The supply of coenzyme Q10 is increased as its concentration in the cells decreases when red yeast rice is taken.



Citrinin-free. Colestia contains citrinin-free red yeast rice.

Citrinin is a mycotoxin that can cause health problems in certain doses.





INDICATIONS:



Mixed hyperlipidemia (high levels of cholesterol and triglycerides in the blood)

Directions:

Take one capsule in the evening with dinner or at bedtime, with water or fruit juice (except grapefruit juice).

Recommended daily consumption: 1 capsule.

Packaging Details:

Box with 30 vegetable capsules.

COLESTIA









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Collagen +
Natural antiinflammatories

Relieves PAIN and
JOINT
INFLAMMATION



INDICATIONS:

- · Relieves joint pain and inflammation
- Protects joints. Coadjuvant in osteoarticular pathologies:
 - Degenerative osteoarticular processes such as osteoarthritis. Joint inflammation, arthritis. Chronic joint pain
 - Athletes
- Protects the osseous skeleton, ligaments and tendons. Coadjuvant in osteoporosis
- **Protects the skin and the internal organs.** Assists with the regeneration of connective tissue. Anti-ageing. Anti-wrinkle

Without the side effects of anti-inflammatory drugs

COLAMAG CALMÁN







Anti-inflammatory

and analgesic

THE HIGHLIGHTS OF COLAMAG CALMÁN

 With hydrolysed marine collagen: to keep your skin and all skeletal structures healthy, hydrated and elastic

With Mangosteen, Turmeric and MSM: to relieve joint pain and

reduce inflammation quickly











COLAMAG CALMÁN







Innovative synergia (mixture of Royal Jelly + energetic plants + taurine + vitamins)





The energy that enables you to function throughout the day iiiiii

WHAT IS AKTINER PLUS?

A dietary supplement containing royal jelly, Siberian ginseng, guarana, ginseng, taurine and vitamins that provides you with the energy to get through the day and improve sporting performance.



AKTINER PLUS







THE HIGHLIGHTS OF AKTINER PLUS

1 It is an excellent source of energy whose effects can be felt from the very first doses.



- 2 It increases physical and mental stamina.
- 3 It balances mood: "adaptogenic" effect.
- 4 It contains taurine, which improves our concentration and performance, and helps prevent injury.
- 5 It neutralises excess free radicals caused by daily stress and sporting activities.
- 6 It does not contain any banned substances for athletes, so there is no risk of doping.
- 7 Suitable for anybody over the age of 16.
- 8 Good digestive tolerance and a pleasant taste.
- 9 Easy to take: only one vial per day.
- 10 Excellent supplement for athletes.



AKTINER PLUS







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anti-inflammatory

+
analgesic
+
muscle relaxant
+
articular cartilage regenerator

OSTEARTIL MASSAGE GEL





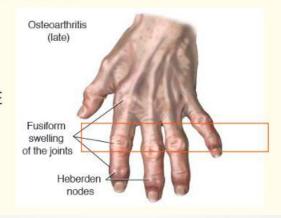


RELIEVES THE COMMON SYMPTOMS OF RHEUMATIC DISEASES

- REDUCES PAIN
- REDUCES ARTICULAR AND PERIARTICULAR SWELLING
- ENCOURAGES THE REGENERATION OF THE ARTICULAR CARTILAGE
- IMPROVES MOBILITY AND FLEXIBILITY



ACTS DIRECTLY ON THE CORE OF THE PROBLEM



Glucosamine sulphate and Chondroitin sulphate

Harpagophytum Procumbens

Helianthus Annuus

Arnica Montana

Lavandula Angustifolia

Dimethyl Sulfone

Aloe Barbadensis

Melaleuca Leucadendron

Melaleuca Alternifolia

OSTEARTIL MASSAGE GEL





hasta ti

THE HIGHLIGHTS OF OSTEARTIL massage gel

- Natural anti-inflammatory analgesic ingredients
- Natural supply of <u>cartilage nutrients</u>: Benefits of mucopolysaccharides: glucosamine sulfate and chondroitin sulfate, (chondroprotective and natural anti-inflammatory).
- Balanced composition with <u>plants</u> that <u>provide minerals</u> and <u>reduce</u> <u>inflammation</u> by various mechanisms.
- Free from parabens
- Soft lavander fragance
- Fast absorption, non-oily

OSTEARTIL MASSAGE GEL









- A MULTIVITAMIN ELIXIR FOR:
- **PROPER GROWTH AND DEVELOPMENT**
- TO STIMULATE THE APPETITE

SO THAT MEALTIMES DON'T BECOME A DAILY BATTLEGROUND!







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CRECIDIET APPÉTIT

MULTIVITAMIN ELIXIR especially recommended for children and adolescents



Ideally, children should learn how to eat well from an early age and follow a varied and balanced diet, but this is not always possible. By giving them CRECIDIET APPÉTIT, you will supplement their usual diet and ensure proper growth and development.

CRECIDIET APPÉTIT will whet the appetite of your children and put an end to mealtime disputes.







CRECIDIET APPÉTIT, together with a varied and balanced diet and physical exercise, helps children and teenagers to grow and development properly.



A GREAT SOURCE OF NUTRIENTS

- Whets the appetite ---> Chicory, royal jelly
- Provides energy ---> Wheat germ, royal jelly
- Protein intake ---> Malt, autolysed yeast, royal jelly
- Stimulates immunity ---> Propolis, royal jelly
- Source of vitamins and minerals ---> Fruit juices, horsetail, vitamin and mineral complex

PROVIDES 10 VITAMINS AND 4 MINERALS ESSENTIAL FOR GROWTH







THE HIGHLIGHTS OF CRECIDIET APPÉTIT

Stimulates the appetite of fussy eating children

Promotes the normal development and growth of children and young people









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FOR CHILDREN



Indicated for the **treatment** of viral respiratory tract infections and their prevention, especially recommended for children

Composed of a mix of plants with actions:

- ANTI-BACTERIAL AND ANTI-VIRAL,
 ANTITUSSIVE, ANTISEPTIC AND
 MUCOLYTIC (promotion of expectoration and removal of secretions)
- ☐ IMMUNOSTIMULANT ACTION.

BROPULÍN







MAIN INGREDIENTS:

ANTITUSSIVE PLANTS:

- ☐ Thyme
- Large Plantain
- Sundew

ANTI-INFLAMMATORY, SOOTHING AND EMOLIENT PLANTS:

- Echinacea
- ☐ Thyme
- ☐ Large Plantain
- ☐ Sundew
- Propolis



ANTISEPTIC (ANTI-BACTERIAL AND ANTI-VIRAL) PLANTS

- Echinacea
- Large Plantain
- Oats
- Propolis

PLANTS WITH AN IMMUNOSTIMULANT ACTION

- Acerola
- Echinacea
 - Propolis

BROPULIN









THE HIGHLIGHTS OF BROPULÍN

- ✓ NO ARTIFICIAL COLOURS OR PRESERVATIVES
- ✓ ALCOHOL FREE
- ✓ PLEASANT FLAVOUR to appeal to children
- ✓ COMPATIBLE WITH ANTIBIOTIC TREATMENT

BROPULÍN









Indicated for irritable, insecure, tired and nervous children

For physiological sleep

For relaxation

FOR CHILDREN

To keep calmness

TRANQUILÍN









THE HIGHLIGHTS OF TRANQUILÍN

- ✓ FROM NATURAL FRUIT JUICES
- ✓ ALCOHOL FREE
- ✓ NO ARTIFICIAL COLOURS OR PRESERVATIVES
- ✓ PLEASANT FLAVOUR to appeal to children

TRANQUILÍN







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FOR CHILDREN

Indicated for CHILDREN:

- WITH FREQUENT COLDS AND REPEATED INFECTIONS
- IN SEASONAL CHANGES: SPRING AND AUTUMN AS ILLNESS PREVENTIVE



- Provides the necessary energy and nutrients.
- Stimulates growth
- Strengthens the immune system.
- Improves, especially respiratory infections.
- Supplement the increased needs of vitamins and minerals during childhood

NODIJAL







THE HIGHLIGHTS OF NODIJAL



- ✓ <u>Anti-cold mix</u>: ECHINACEA +

 PROPOLIS + VITAMIN C
- ✓ WITHOUT COLOURS
- ✓ ALCOHOL FREE
- ✓ PLEASANT FLAVOUR for children

NODIJAL







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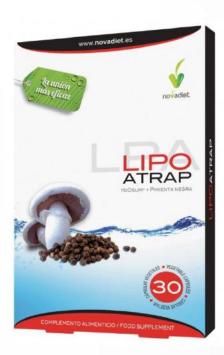
LIPOATRAP



> FAT BURNER



> FAT BLOCKER



- ✓ H2OSlim[®]: Blocks and removes some of the fat that we ingest
- Black pepper (95% PIPERINE): Prevents the accumulation of body fat and increases energy consumption

Active ingredients	Per 2 capsules	Std.
H2OSlim® (Polysaccharides of Agaricus bisporus)	800 mg	
Black pepper, Piper nigrum L. Piperine supply	5,3 mg 5 mg	95% piperine

LIPOATRAP







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LIPOATRAP



AND

BLOCK CALORIES



To achieve your healthy weight, follow this formula: Balanced diet + physical exercise + Lipoatrap!

LIPOATRAP







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To relieve cold and flu symptoms. Made from natural herbs



Echinacea

Marshmallow

Thyme

Hedge-Mustard

- Antiinflammatory
- > Antiseptic
- Immunostimulant
- Antitussive
- Expectorant
- Mucolitic
- Decongestant

BROPUL BALSAM







THE HIGHLIGHTS OF BROPUL BALSAM



- ✓ Improves respiratory symptoms
- ✓ Clear your nose
- ✓ Reduce throat inflammation
- ✓ Calms cough
- ✓ Does not create resistances
- ✓ Preventive and curative treatment

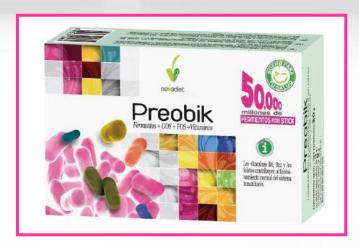
BROPUL BALSAM







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Probiotic + Prebiotic + Vitamins

ENJOY A HEALTHY AND EFFECTIVE INTESTINAL FLORA



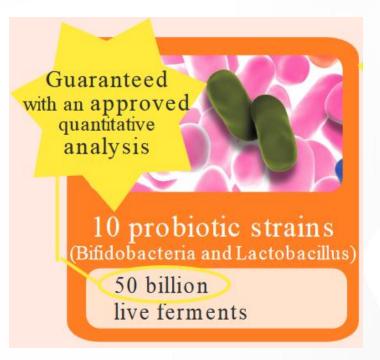
PREOBIK







WHAT IS PREOBIK?







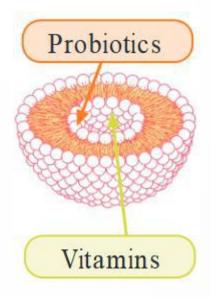
PREOBIK







THE HIGHLIGHTS OF PREOBIK



We guarantee:

- the survival of the bacterial strains and
 - > stability of vitamins



PREOBIK



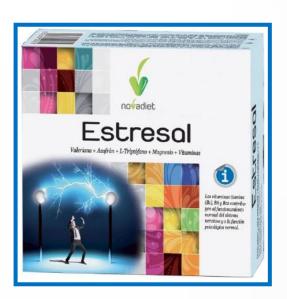




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SAVOUR LIFE!

Stress & anxiety relief made from natural ingredients



Valerian

L-Tryptophan

Magnesium

Saffron

Vitamins B1, B6, B12

Combine their properties and work synergistically.

To improve symptoms of anxiety and depression

To maintain normal system is psychological function and achieve emotional stability

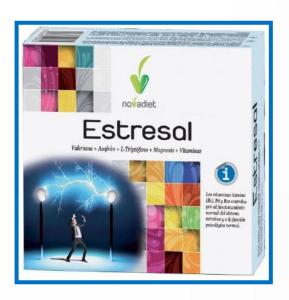
ESTRESAL







THE HIGHLIGHTS OF ESTRESAL



- ✓ HELPS YOUR MOOD: whether "your nerves are consuming you" or "sadness is overcoming you"
- Does not cause daytime sleepinessiiiii

Estresal can help us in moments of euphoria, but also when we feel nervous and overwhelmed, sad an apathetic

ESTRESAL







This medical information is intended only for healthcare professionals.

Food supplements are products intended to supplement the diet. They are *not drugs* and, therefore, are not intended to diagnose, treat, cure, or prevent any disease

They are intended *for healthy people* who care about their health.

See details and technical report of these products in www.novadiet.net



Thank you







