



ATISAV[®] PHARMA





Atisav Pharma Lda.

We are a Portuguese capital pharmaceutical company which started its activity in the beginning of the year 2016.

Recent company, builds its know-how in its founder with more than 20 years of pharmaceutical industry, covering all sectors of activity and therefore with a wealth of experience.

Atisav Pharma started its activity having as starting point food supplements and in close partnership with another company, Master Queen Pharma Ltd. for cosmetics.

Since then we've created 8 food supplements some of which are already being registered and exported to some countries in Europe, Africa and the Middle and Far East.

We have this vision, this dream, to be a very important player in this global sector of pharmaceutical products.

We develop high-quality products according to the market demands.

Atisav Pharma chooses judiciously their manufacturers, companies in the Iberian Peninsula, Portugal or Spain, with Manufacturing Licences and Good Manufacturing Practice issued by Health Authorities of the respective countries. All ingredients are carefully chosen and also analyzed by our manufacturers.

Our products are in strict compliance with the rules of the European Union, both in terms of production, storage and the information available to the consumer.

We have therefore all the necessary documentation, among which we highlight:

- Free Sales Certificates
- Manufacturing authorization
- GMP
- Technical Data Sheet
- Certificate of Analysis
- Samples

But we also have:

- The flexibility to generate documents according to the requirements of the country concerned.
- The flexibility to generate artwork in the original languages of the countries to which we export.
- And we have this big dream of being GREAT in conjunction with our customers, the reason of our existence and still do according to our values a healthier humanity.

This having always based on quality products at affordable prices to our customers and to their market.

We Focus on You

Did you know that changes in skin and hair can provide clues to the presence of an underlying vitamin deficiency?

Nutrition and hair. Goldberg LJ, Lenzy Y. Clin Dermatol. 2010 Jul-Aug;28(4):412-9. doi: 10.1016/j.clindermatol.2010.03.038.

Did you know that nail disorders can arise at any age and that 15% are due to metabolic conditions?

The Diagnosis and Treatment of Nail Disorders. Wollina U, Nenoff P, Haroske G, Haenssle HA. Dtsch Arztebl Int. 2016 Jul 25;113(29-30):509-18. doi: 10.3238/arztebl.2016.0509

Did you know that during the period of menopause as an effect of changes in hormone status, one of the most common ailments for women is hair loss?

Nutrition of women with hair loss problem during the period of menopause. Goluch-Koniuszy ZS. rz Menopauzalny. 2016 Mar;15(1):56-61. doi: 10.5114/pm.2016.58776. Epub 2016 Mar 29

Vitamins also have impact on the state of hair: C vitamin, group B and A vitamins. Minerals which influence hair growth are: Zn, Fe, Cu, Se, Si, Mg and Ca.

Nutrition of women with hair loss problem during the period of menopause. Goluch-Koniuszy ZS. rz Menopauzalny. 2016 Mar;15(1):56-61. doi: 10.5114/pm.2016.58776. Epub 2016 Mar 29



Well,
at **Atisav Pharma**,
we know that for
sure, this is why
we develop
for you...

Biomax

30 Tablets

Take 1 Tablet a day with a glass of water.

**Enriched with Zinc, Selenium, Iodine,
Niacin, Biotin, Riboflavin and
Vitamin A.**

| Nutritional Information | Recommended Daily Intake 1 Tablet | % NRV* |
|---|--------------------------------------|--------|
| Dry Extract of Vitis vinifera (Proanthocyanidin) | 15 mg 14.25 mg | -- |
| L-Cystine | 10 mg | -- |
| Magnesium | 75 mg | 20 |
| Zinc | 15 mg | 150 |
| Iron | 12 mg | 86 |
| Copper | 1000 0g | 100 |
| Manganese | 0.50 mg | 25 |
| Chromium | 50 0g | 125 |
| Iodine | 200 0g | 133 |
| Selenium | 100 0g | 182 |
| Vitamin C (L-Ascorbic Acid) | 60 mg | 75 |
| Vitamin E (DL-alpha tocopheryl acetate) | 40 mg | 333 |
| Vitamin B5 (Calcium Pantothenate) | 40 mg | 667 |
| Vitamin B3 (Nicotinamide) | 18 mg | 113 |
| Vitamin B6 (Pyridoxine Hydrochloride) | 10 mg | 714 |
| Vitamin B1 (Thiamine Mononitrate) | 8 mg | 727 |
| Vitamin B2 (Riboflavine) | 4 mg | 286 |
| Vitamin A (Retinyl Acetate) | 2000 0g | 250 |
| Vitamin B9 (Folic Acid) | 500 0g | 250 |
| Vitamin B8 (Biotine) | 45 0g | 90 |
| Vitamin B12 (Cyanocobalamine) | 9 0g | 360 |
| Vitamin D3 (Cholecalciferol) | 5 0g | 100 |

* NRV.-Nutrient Reference Value according to Regulation (EU) no 1169/2011.



Beauty
from Inside.

We all know the importance of Calcium, Magnesium and Vitamin D, but do you know the importance of Vitamin K?

And specially... K2

The activity of vitamin K2 involves **both an increase in the bone-building process and decrease in the bone-loss process.**

Vitamin K2 should be considered for **prevention and treatment** in those conditions known to contribute to **osteoporosis.**

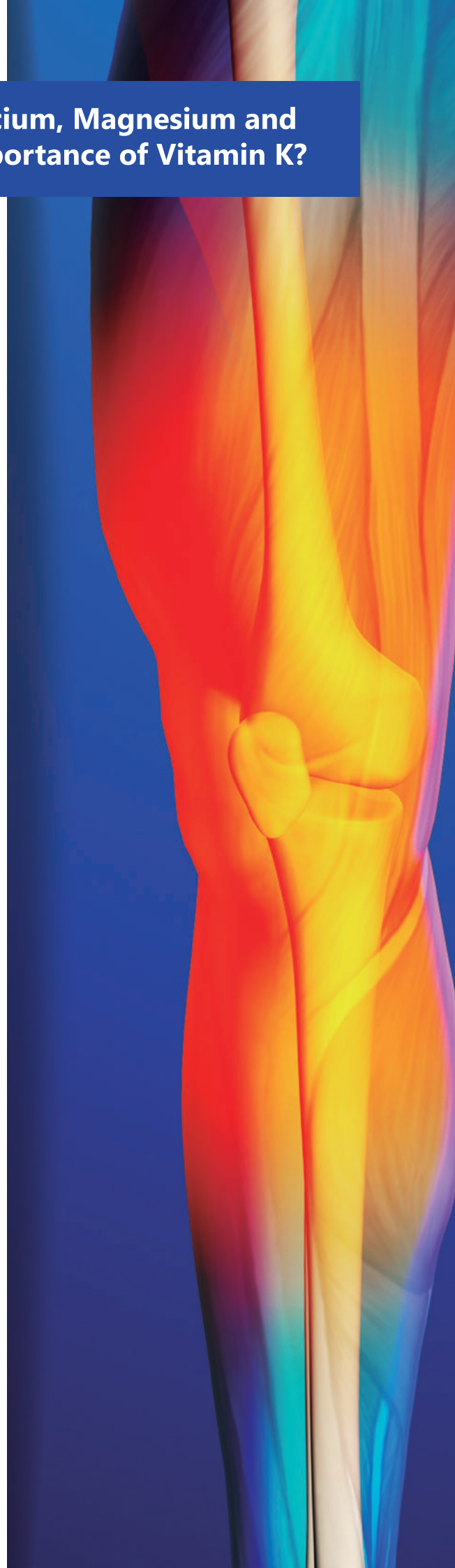
Vitamin K2: a novel therapy for osteoporosis. Prabhoo R1, Prabhoo TR. J Indian Med Assoc. 2010 Apr;108(4):253-4, 256-8.

Vitamin K2, is nearly nonexistent in junk food, with little being consumed even in a healthy Western diet.

Proper Calcium Use: Vitamin K2 as a Promoter of Bone and Cardiovascular Health. Maresz K. Integr Med (Encinitas). 2015 Feb;14(1):34-9.

Vitamin K2 plays important roles in the health of children, including support for coagulation, promoting cardiovascular health (through the inhibition of vascular calcification), and bone mineralization.

www.menaq7.com






The Dynamic Duo For Bones Muscles and Heart.



THE DYNAMIC DUO

VERY HIGH DOSE
OF VITAMIN D3
SUPPLEMENT

VITAMIN K2
DEFICIENCY

INCREASE RISK: 
OSTEOPOROSIS 
HEART DISEASES 

Vitamin D3 increases calcium absorption and triggers release of unactivated Osteocalcin.

Osteocalcin with deficiency of Vitamin K2 is not activated which leaves calcium in the arteries and not in bones with all consequences.

Should always been taken together...

da+k2

1.000 IU+200 µg

Cholecalciferol + Menoquinone 7 (MK-7)
30 Coated Tablets

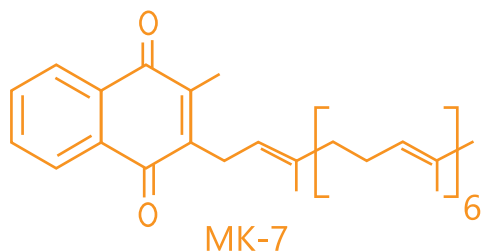
| Composition | Recommended Daily Intake 1 Coated Tablet | % N.R.V* |
|---------------------------------|---|----------|
| Vitamin K2 (Menoquinone-7) | 200 µg | 267 |
| Vitamin D3 (Cholecalciferol) | 25 µg (1000 IU) | 500 |

* N.R.V.-Nutrient Reference Value according to Regulation (EU) no 1169/2011 from October 2011.

Vitamin D3 contributes to normal absorption / utilisation of calcium and phosphorus and to normal blood calcium levels. It contributes to the maintenance of normal bones and to the maintenance of normal muscle function. Also contributes to the maintenance of normal teeth and normal function of the immune system. Vitamin D3 has a role in the process of cell division.

Vitamin K2 contributes to normal blood clotting and to the maintenance of normal bones

According to the Regulation (EU) N° 432/2012 of the Commission of 16 may 2012 for Health Claims on Food Supplements.



"Numerous studies have demonstrated the importance of Vitamin K2 in bone Health. The combination of Menoquinone-7 and D3 has additive beneficial effects on sustaining lumbar BMD and preventing osteoporotic vertebral fractures in postmenopausal women with osteoporosis."

International Journal of Pharmacology Research. Volume 4, Issue 2, 2014. Evolving Role of Vitamin K2 (Menoquinone-7) in Osteoporosis and Cardiovascular Health. Faruqi A; Ahmad M; Asrar A.

**Dosages of
Vitamin D3 and
Vitamin K2
(MK-7) in line of
clinical evidence
of EFSA and FDA.**



Dynamic Duo



Just when
you thought
you've seen it all...

Progucy®

30 Soft Capsules
60 Soft Capsules

Best Ratio Quality/Price available on the market.

One daily soft capsule for two months of treatment.

Health Claims According to the Regulation (EU) N°. 432/2012 of the Commission of 16th May 2012.

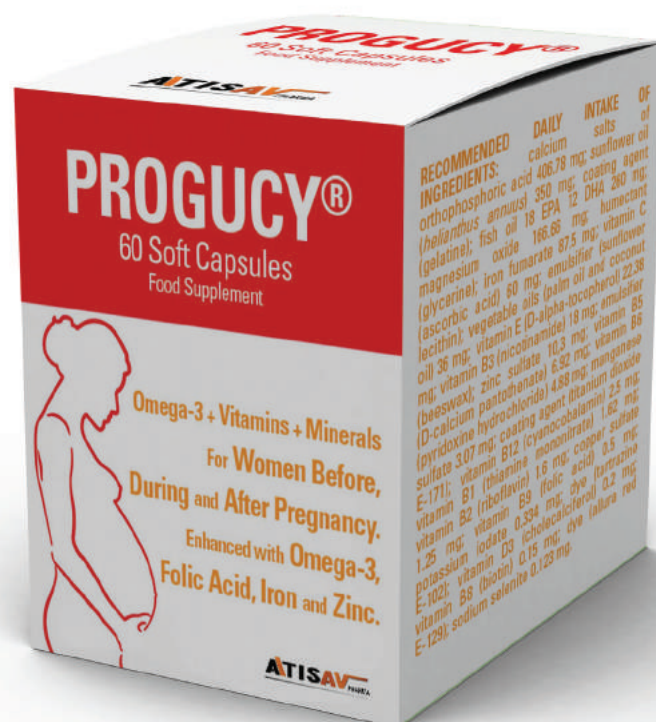
"Recommendation to take Folic Acid, Vitamin D and Vitamin C supplements for women before and during pregnancy and for breastfeeding."

Maternal and Child Nutrition. NICE. UK. March 2008.

| Nutritional Information | Recommended Daily Intake 1 Soft Capsule | % N.R.V* |
|--------------------------------|---|----------|
| Fish Oil | 260 mg | -- |
| EPA | 46,8 mg | -- |
| DHA | 31,2 mg | -- |
| Calcium | 120 mg | 15 |
| Magnesium | 100 mg | 27 |
| Iron | 28 mg | 200 |
| Zinc | 3,75 mg | 38 |
| Manganese | 0,982 mg | 49 |
| Copper | 500 µg | 50 |
| Iodine | 200 µg | 133 |
| Selenium | 55 µg | 100 |
| Vitamin C (ascorbic acid) | 60 mg | 75 |
| Vitamin E (D-alpha-tocopherol) | 15 mg | 125 |
| Vitamin B3 (niacin) | 18 mg | 113 |
| Vitamin B5 (pantothenic acid) | 6 mg | 100 |
| Vitamin B6 (pyridoxine) | 4 mg | 286 |
| Vitamin B12 (cyanocobalamin) | 2,5 µg | 100 |
| Vitamin B1 (thiamine) | 1,4 mg | 127 |
| Vitamin B2 (riboflavin) | 1,6 mg | 114 |
| Vitamin B9 (folic acid) | 500 µg | 250 |
| Vitamin D3 (cholecalciferol) | 5 µg | 100 |
| Vitamin B8 (Biotin) | 150 µg | 300 |

* N.R.V.-Nutrient Reference Value according to Regulation (EU) no 1169/2011.

Ideal **qualitative** and **quantitative** composition for **mother** and **baby**.



Give the **Best** to **YOU** and Your **BABY**



From Nature to a Capsule
Enhanced with Vitamin C, D and E...



**We care of your
Urinary Tract!**

Enhanced with
Vitamin C,
Vitamin D
 and **E.**

Uticran

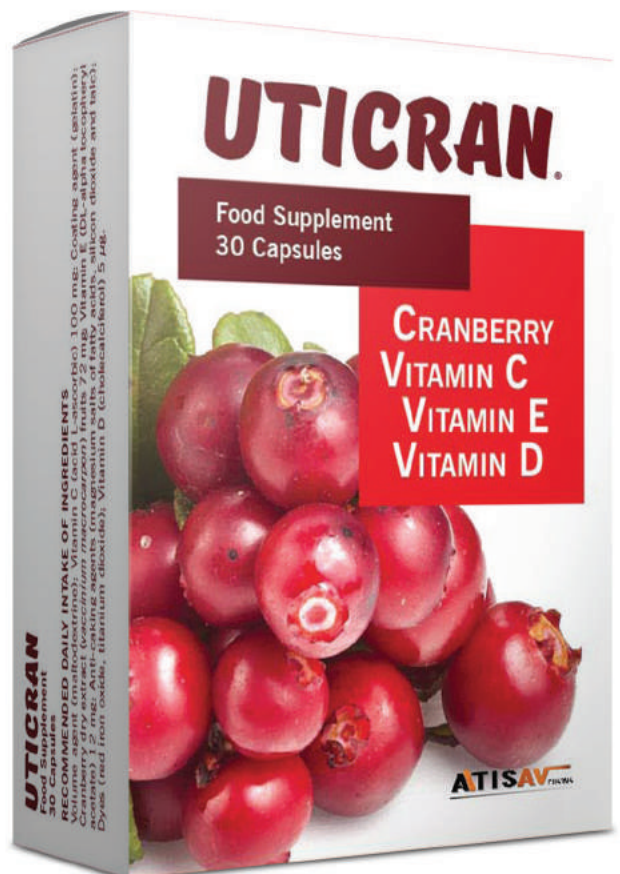
30 Capsules

One Daily Capsule

36 mg of PAC (proanthocyanidins) leads to a decrease in frequency of Urinary Tract Infections caused by certain uropathogenic p-fimbriated E.Coli bacteria in adult women
 Phytotherapy(2010) 8 :218-22
 Springer-Verlag France 2010 DOI 10.1007/s 1098-010-0575-4

| Nutritional Information | Recommended Daily | % N.R.V* |
|--|--------------------|----------|
| | Intake - 1 Capsule | |
| Cranberry Dry Extract (vaccinium macrocarpon) Fruits (50% proanthocyanidins) | 72 mg | -- |
| Vitamin C (acid L-ascorbic) | 36 mg | -- |
| Vitamin E (DL-alpha tocopheryl acetate) | 100 mg | 125 |
| Vitamin D (cholecalciferol) | 12 mg | 100 |
| | 5 µg | 100 |

* N.R.V.-Nutrient Reference Value according to Regulation (EU) no 1169/2011.



UTICRAN for
 Urinary Tract
 Infections.

An underwater scene with sunlight rays filtering down from the surface, creating a serene and deep atmosphere. Bubbles are visible in the water, adding to the sense of depth and movement. The overall color palette is dominated by deep blues and greens, with bright highlights from the sunlight.

**Where
It All Began...**

**WILL start your
HEALTH with us**

Omega³ 1000 mg

30 Soft Capsules
60 Soft Capsules

DHA helps to the maintenance of normal brain function and vision. EPA + DHA contribute to the normal function of the heart.

According to the Regulation (EU) N° 432/2012 of the Commission of 16 may 2012 for Health Claims on Food Supplements.

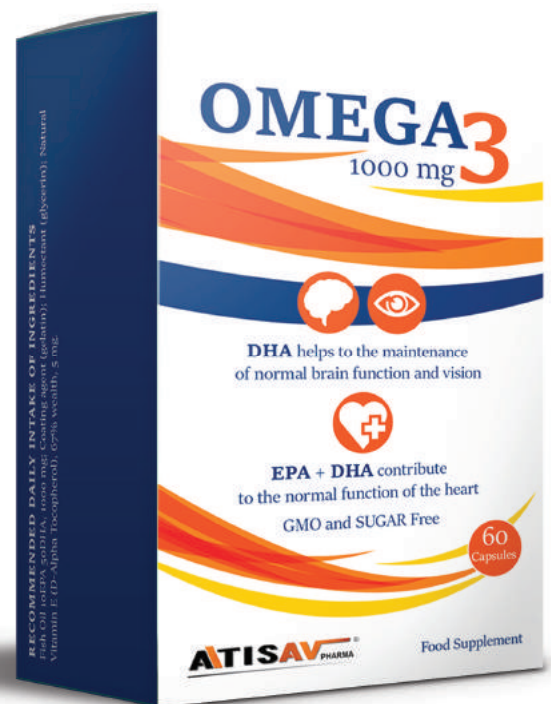
| Composition | Recommended Daily Intake 1 Capsule | % N.R.V* | Nutritional Information Per Capsule |
|--|------------------------------------|----------|-------------------------------------|
| Omega 3 Fatty Acids (10/50) | 1000 mg | --- | Energetic Value: 10,45 Kcal |
| EPA (eicosapentaenoic acid) | 100 mg | --- | Proteins: 0,304 g |
| DHA (docosahexaenoic acid) | 500 mg | --- | Carbohydrates: 0,128 g |
| Natural Vitamin E (D-alpha tocopherol) | 3,35 mg | 28 | Lipids: 0,992 g |

GMO and SUGAR Free

"Many International and national organizations recommend intakes of EPA and DHA in the range of 250 mg to 500 mg per day for general Health, and higher amounts for people diagnosed with cardiovascular disease"

1. Bowen KJ, Harris WS, Kris-Etherton PM. Omega-3 Fatty Acids and Cardiovascular Disease: Are There Benefits? *Curr Treat Options Cardiovasc Med* 2016;18:69.
2. Bu J, Dou Y, Tian X, Wang Z, Chen G. The Role of Omega-3 Polyunsaturated Fatty Acids in Stroke. *Oxid Med Cell Longev* 2016;2016:6906712.
3. Lavie CJ, Milani RV, Mehra MR, Ventura HO. Omega-3 polyunsaturated fatty acids and cardiovascular diseases. *J Am Coll Cardiol* 2009;54:585-94.

DHA helps to the maintenance of normal brain function and vision.



**ATISAV SEA
OF HEALTH**



Our Life Depends on Our Cells

And How They Fight
Against Oxidative
Stress

Vitamin E

400 IU

30 Soft Capsules

| Composition | Recommended Daily Intake 1 Capsule | % N.R.V.* | Nutritional Information Per Capsule |
|-------------|------------------------------------|-----------|--|
| Vitamin E | 400 IU (274 mg) | 2283 | Energetic Value: 4,43 Kcal Proteins: 0,140 g Carbohydrates: 0,046 g Lipids: 0,410 g |

* N.R.V.-Nutrient Reference Value according to Regulation (EU) no 1169/2011 from October 2011.

GMO and SUGAR Free

Vitamin E is an effective antioxidant that can improve clinical symptoms and reduce oxidative stress conditions in patients with late-stage knee osteoarthritis.

BMC Musculoskelet Disord. 2017 Jun 29;18(1):281. doi: 10.1186/s12891-017-1637-7.

Effect of vitamin E on oxidative stress level in blood, synovial fluid, and synovial tissue in severe knee osteoarthritis: a randomized controlled study

Our analysis suggests that higher dietary vitamin E intake exerts a protective effect against lung cancer.

Association of dietary vitamin E intake with risk of lung cancer: a dose-response meta-analysis
Yong-Jian Zhu ; Ya-Cong Bo ; Xin-Xin Liu ; Chun-Guang Qiu

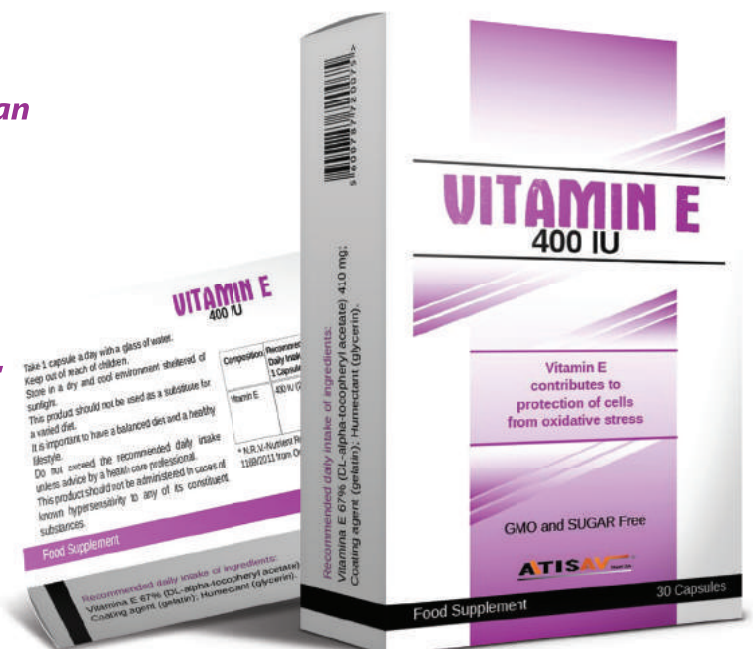
Reduced levels of Vitamin E and biomarkers of oxidative stress have been measured on individuals with Alzheimer's and mild cognitive impairment

Special Edition: Brain Boosting Ingredients

Vitamin E

contributes to protection of cells from oxidative stress.

According to the Regulation (EU) N° 432/2012 of the Commission of 16 may 2012 for Health Claims on Food Supplements.



Attached
to LIFE

**You Never Know
When Will it Happen...**



So Always

BE PREPARED

GENISAV

Food Supplement
30 Capsules

| Composition | Recommended Daily Intake 1 Capsule | % N.R.V.* |
|-----------------------|---------------------------------------|-----------|
| <i>Serenoa repens</i> | 100 mg | --- |
| <i>Panax ginseng</i> | 60 mg | --- |
| <i>Muira puama</i> | 60 mg | --- |
| L-Arginine | 110 mg | --- |
| Vitamin C | 80 mg | 100 |
| Zinc | 10 mg | 100 |

* N.R.V.-Nutrient Reference Value according to Regulation (EU) no 1169/2011 from October 2011.

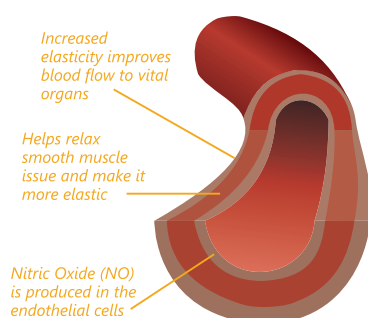
ITALY HEALTH MINISTER – LAW DECREE 9th JULY 2012 Physiological Effects Food Supplements For EU

| <i>Muira puama</i> | <i>Serenoa repens</i> | <i>Panax ginseng</i> |
|---|------------------------------------|---------------------------------|
| Works as a tonic against mental and physic fatigue. | Helps a good prostate functioning. | Works as a tonic and adaptogen. |

L-Arginine, a semi-essential cationic amino acid involved in multiple areas of human physiology and metabolism, is a precursor of **nitric oxide**, and, recently, it has been found to crucially influence endothelial function. Arginine appears to be safe and effective therapy for many health conditions, particularly vascular diseases responsive to modulation of endothelial-derived relaxing factor including intermittent claudication, angina pectoris and **erectile dysfunction**.

Acta Biomed. 2014 Dec 17;85(3):222-8. **L-Arginine and vascular diseases: lights and pitfalls!**
Calabrò RS1, Gervasi G, Bramanti P.

How Nitric Oxide helps cardiovascular function

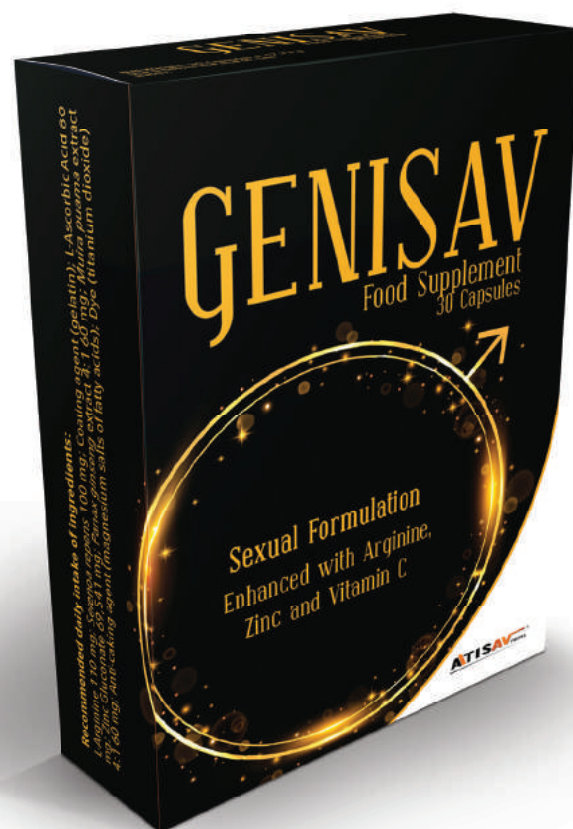


Vitamin C

contributes to normal energy-yelding metabolism and to the normal function of the immune system.

Zinc contributes to normal fertility and reproduction and to the maintenance of normal testosterone levels in the blood.

According to the Regulation (EU) N° 432/2012 of the Commission of 16 may 2012 for Health Claims on Food Supplements.



**FOR
HEALTHY
SEX LIFE**



ATISAV[®] PHARMA

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